



NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES

Bangalore - 560029

राष्ट्रीय मानसिका स्वास्थ्य एवं तंत्रिका विज्ञान संस्थान (राष्ट्रीय प्रमुखाथा संस्थ) बेंगलूरु

ರಾಷ್ಟ್ರೀಯ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಮತ್ತು ನರವಿಜ್ಞಾನ ಸಂಸ್ಥೆ (ರಾಷ್ಟ್ರೀಯ ಪ್ರಾಮುಖ್ಯತೆ ಸಂಸ್ಥೆ) ಬೆಂಗಳೂರು

NIMH/PROJ/ICMR /PTS-III/1900/NOTIF/2026-2027

DATE: 04-07-2026

NOTIFICATION

NIMHANS is conducting a **Walk in Selection** for filling up the post of **Project Technical Support III (Yoga Therapist)** on a contract basis for the Project Entitled **Effectiveness of YES (Yoga-based Extension Services) Intervention for Persons with Severe Mental Disorders in Rural India: A cluster Randomized Study** “funded by ICMR, under Dr. Aarti Jagannathan, Professor of Psychiatric Social Work & Principal Investigator.NIMHANS, Bengaluru - 560 029.

Name of the post:	Project Technical Support III (Yoga Therapist)
No. of post:	01(One)
Essential Qualification:	BSc in Yoga/PGDYT with three years of experience OR MSc in Yoga
Essential Experience:	Proficiency in Kannada
Job Location:	Community Site in Karnataka, Experience in Community-based Yoga programmes
Emoluments/Salary:	Rs. 28,000/-+30% HRA
Maximum Age Limit:	35 years
Duration of Project:	2years
Duration of Post:	Initial Appointment will be made for a period of 6 months and renewable every 6 months based on performance of the candidate till the end of the project

Desirous candidates who fulfil the eligibility criteria mentioned above are advised to appear for the Walk-in-cum-Written Test with their **resume** and **original testimonials, along with a set of self-attested photocopies.**

Date & time: 18/07/2026 at 10:30 AM

Venue: Board Room and Exam Hall on the 4th floor of NBRC Building, NIMHANS, Bangalore – 560029

Note:

- Candidates are required to report/join 30 minutes before the scheduled time for the interview/written test, whether conducted online or offline.
- No **TA/DA** will be paid for attending the written test/interview.
- Candidates currently working in projects (Extramural/Intramural) at NIMHANS must produce a No Objection Certificate (**NOC**) from their Principal Investigator.
- The candidate should have scored a **minimum of 50%** in the written examination (Whenever written examination is indicated) to qualify for the skill test/interview. For Direct Interview the candidate should score at least 50% Marks in the interview.
- The Institute reserves the right to select a suitable candidate. Possession of the prescribed essential qualifications alone does not guarantee selection.
- No hostel accommodation will be provided for project staff.

Sd/-

DEAN, RESEARCH