



NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES

Bangalore - 560029

राष्ट्रीय मानसिक स्वास्थ्य एवं तंत्रिका विज्ञान संस्थान (राष्ट्रीय प्रमुख्याथा संस्थ) बेंगलुरु

ರಾಷ್ಟ್ರೀಯ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಮತ್ತು ನರವಿಜ್ಞಾನ ಸಂಸ್ಥೆ (ರಾಷ್ಟ್ರೀಯ ಪ್ರಾಮುಖ್ಯತೆ ಸಂಸ್ಥೆ) ಬೆಂಗಳೂರು

NIMH/PROJ/ICMR/PTS-III/YT/NOTIF/2025-26

Date: 17.09.2025

NOTIFICATION

NIMHANS is conducting a Walk-in Interview to fill the following post on a contract basis in an ICMR-funded project titled: "Effectiveness of YES (Yoga-based Extension Services) Intervention for Persons with Severe Mental Disorders in Rural India: A Cluster Randomized Study" under Dr.Aarti Jagannathan, Additional Professor of Psychiatric Social Work & PI, NIMHANS, Bengaluru – 560029.

1. Name of the Post	Project Technical Support III (Yoga Therapist)
No. of Posts	1 (One)
Essential Qualification	B.Sc. in Yoga/PGDYT with three years of experience OR M.Sc. in Yoga
Desirable qualification	Proficiency in Kannada
Job Location	Community Site in Karnataka, Experience in Community-based Yoga programmes
Maximum Age Limit	35 years
Monthly Emoluments	Rs.28,000/- + 30% HRA
Duration of the Project	Appointment will be made for a period of 6 months and renewable every 6 months based on performance till the end of the project (3 years).

The desirous candidates who fulfil the above eligibility criteria are advised to appear for the Walk-in Selection with their resume, original testimonials, and one set of photocopies.

Date & Time of Walk-in Selection: 04.10.2025 at 10:00 A.M.

Venue: Board Room and Exam Hall, 4th Floor, NBRC Building, NIMHANS, Bengaluru – 560029

Note:

1. Candidates are required to register their names **30 minutes** before the commencement of the written test/interview.
2. No **TA/DA** will be paid for attending the written test/interview.
3. **NOC** from the Principal Investigator is required if currently working on projects (Extramural/Intramural) at NIMHANS.

SD/-

DEAN / ASSOCIATE DEAN, RESEARCH
NIMHANS, Bengaluru – 560029