

# **State Institute for Rehabilitation, Training & Research (SIRTAR)**

(For Persons with Special Needs)

(Department of Social Justice & Empowerment, Government of Haryana)



## **Post Graduation Diploma in Rehabilitation Psychology** **Academic Session: 2025-26**

**(One Year Academic Course Affiliated to Maharshi Dayanand University,  
Rohtak & recognised by the Rehabilitation Council of India, New Delhi)**

### **PROSPECTUS CUM APPLICATION FORM**



<b>Availability of the Prospectus</b>	<b>05.08.2025</b>
<b>Last date for submit the filled application</b>	<b>25.08.2025</b>
<b>Display of Overall Provisional 1<sup>st</sup> Merit List</b>	<b>26.08.2025</b>
<b>Display of 2<sup>nd</sup> Merit List</b>	<b>28.08.2025</b>
<b>Display of 3<sup>rd</sup> Merit List</b>	<b>30.08.2025</b>
<b>Commencement of Classes</b>	<b>01.09.2025</b>

Price: - Rs. 500/- for General/OBC/BC category and  
Rs. 250/- for SC/ST/PWD category

**Gandhi Nagar, Rohtak – 124001 (Haryana)**

**Phone No: - 01262 – 282066, 282211, Tele fax: 01262-282066**

**Website: - [www.sirtarrohtak.com](http://www.sirtarrohtak.com) Email: - [sirtaracademic@gmail.com](mailto:sirtaracademic@gmail.com)**

## **Post Graduate Diploma in Rehabilitation Psychology (PGDRP)**

### **Prospectus Academic Session 2025-26**

#### **About the Institute: -**

The State Institute for Rehabilitation, Training & Research, (SIRTAR) has been setup as an State Autonomous body under the Societies Registration Act, 1860 and is functioning directly under the administrative and financial control of the Department of Social Justice & Empowerment, Govt. of Haryana with the objectives to provide educational as well as rehabilitation services to persons with special needs for their mainstreaming in the society, to develop trained manpower in the field of disability education and to undertake research in the field of Intellectual Disabilities, Cerebral Palsy, Autism & Multiple Disabilities in the State of Haryana.

#### **Our Moto: -**

Erasing Barriers and Boundaries with Opportunities and Determination.

#### **Our Vision: -**

The Institute and the Home aims at empowering individual with special needs to become self reliant and live their lives with dignity and respect by providing State of the Art Services for education and rehabilitation of such individuals, by undertaking human resource development programme and research in the field of Intellectual and Associated disabilities.

#### **Aims & Objectives of SIRTAR: -**

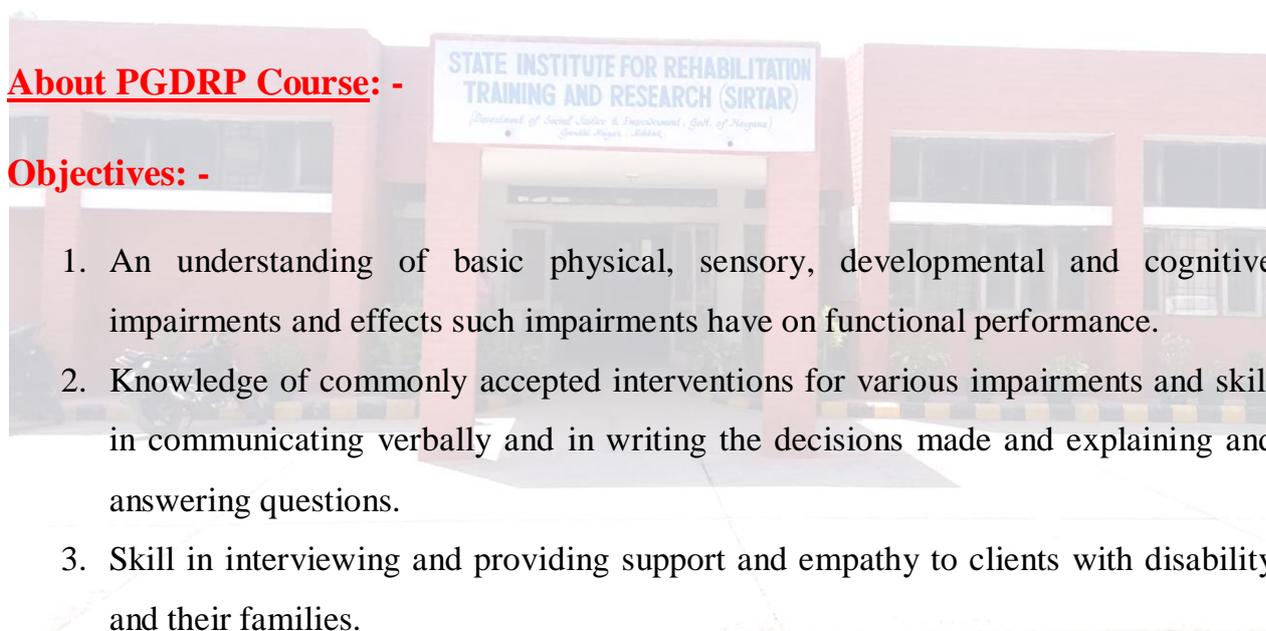
1. To provide Education and Skill Training to persons with various disabilities as defined in the National Trust Act, 1999 for Welfare of Persons with Autism, Cerebral Palsy, Intellectual Disabilities and Multiple Disabilities to enable them to be self dependent.
2. To provide Residential Services to persons with Intellectual Disabilities belonging to far off areas to help them to nurture their abilities and to achieve rehabilitation.
3. To Empower Parents and Family Members and to involve them as co-therapists to carry out Training Programme of Persons with Intellectual Disabilities and associated disabilities.

4. To provide Early Stimulation and Intervention Training to Persons with Intellectual Disabilities and associated disabilities in the age group of 0-5 years and to help them to achieve speedy development.
5. To provide Vocational Training to Persons with Intellectual and associated disabilities to enable them to achieve self dependence.
6. To develop effective models of home based training programme suited to the needs of persons with Intellectual and associated disabilities.
7. To run Outreach Programme for them.
8. To develop Human Resources in the field of Disability Rehabilitation & Special Education to provide specialized services to persons with special needs.
9. To organize Short Term Courses /conferences /seminars/workshops and update the skills and knowledge of professionals working in the field.
10. To Conduct Research in the field of intellectual and associated disabilities.

### **About PGDRP Course: -**

### **Objectives: -**

1. An understanding of basic physical, sensory, developmental and cognitive impairments and effects such impairments have on functional performance.
2. Knowledge of commonly accepted interventions for various impairments and skill in communicating verbally and in writing the decisions made and explaining and answering questions.
3. Skill in interviewing and providing support and empathy to clients with disability and their families.
4. Ability to utilize the principles and practices used in counselling and in the provision of services to rehabilitation clients and facilitate the development of problem solving skills in individuals with disability.
5. Demonstrate an understanding of caregiver and family burden, suggest and/ or undertake interventions drawing on their knowledge and problem solving skills.
6. Ability to develop plans for vocational rehabilitation clients, and counsel, motivate, and inspire clients.
7. Ability to work within specific agency programs, operations, policies, and procedures affecting assigned work, and to coordinate the provision of services to clients with other agencies and organizations.



8. Ability to read and interpret psychometric reports (intelligence, aptitude, personality assessment etc.) provided by rehabilitation/clinical psychologists and explains the implications of findings to clients and their families and carry out the suggested counselling and/or remedial training with the clients (for eg. remedial training/intervention in children with disorders of scholastic skills, and counselling of families and children with behavioural and emotional disorders occurring in the home/school context)
9. Ability to develop and maintain effective working relationships with local employers and community social service agencies, and market clients' skills and abilities to potential employers

### **Intake Capacity: - 25**

Reservation as per Haryana Government norms.

### **Eligibility Criteria: -**

Minimum educational requirement for admission to this course will be

1. Bachelor's degree (regular mode) with general psychology courses in all the three years, or
2. Master's degree in any branch of psychology either in regular or distance mode, or
3. Master's degree in counselling psychology either in regular or distance mode with a minimum of 55% marks in aggregate. For SC/ST/OBC category, minimum of 50% marks in aggregate is essential. Entry qualification shall be from a UGC recognized university.

### **Duration: -**

1. This is a fulltime training course with opportunities for appropriate practicum and supervised experiences for one academic year.
2. The candidates shall be posted at any other specialty centre for a period of one-month duration during the third quarter of the training.

### **Medium of the Instruction: -**

Medium of instruction and examination will be Hindi/English languages.

## Admission Procedure: -

A Selection Committee constituted by the University/ Institute shall make admission on the basis of Merit.

## Attendance:-

1. Course of training must continuously be pursued and complete all the course requirements within a stipulated period from the date of enrolment.
2. A minimum attendance of 80% shall be necessary for appearing for qualifying examination.

## Discipline: -

The candidate admitted in PGDRP course shall be subjects to strict discipline inside and outside the campus and also in the Hostel where accommodations is provided to children with special needs (CWSN's).The candidates are expected to maintain decorum, decency and discipline throughout their pursuance of the course with the staff members, faculty, co- students and other supporting staff.

Ragging is a crime and is prohibited under law; anyone found indulging in ragging will be isolated and punished by the management and law enforcing authorities as the case may be.

## Fee Structure:-

The fee will be charged as per schedule given below: -

1. Tuition fee Rs. 25000/- (Twenty Five Thousand) Per Annum.
2. Security Fees Rs. 3000/- (**Refundable on the completion of the course**)
3. University Examination fees (Registration Return fees) both will be charged per semester separately from the students.
4. The candidate once admitted to the course will not be allowed to leave. If a candidate desires to leave the course by any reason, the total fee (Fee + Security) paid by candidate will be forfeited.

**\*\*\* In case of any increase in the University fees from time to time, an extra amount if any may be collected from the trainees later during the course period.**

## **Content of the Course: -**

### **Group – A**

Paper I: Disability and Rehabilitation

Paper II: Psychosocial Issues in Disability

Paper III: Rehabilitation Assessment and counselling

Papers IV: Community Based Rehabilitation

Practical: Rehabilitation Interventions and viva voce

### **Group – B**

**Submission:** Five fully worked-out Rehabilitation Counselling Records which include case formulation, problem areas elicited, type and technique/s employed to resolve the problems, and the processes of counselling. Out of five records, two shall be related child cases including one from multiple disabilities.

## **Affiliation & Award of Certificate: -**

Post Graduate Diploma in Rehabilitation Psychology will be issue to the successful trainees by Maharshi Dayanand University, Rohtak to which this course is affiliated.

## **Enclosures with the Admission Form: -**

1. Matric Mark sheet/Degree Certificate
2. Senior Secondary Mark sheet /Degree Certificate
3. Graduation with Psychology (Mark sheet of all three years) / Degree Certificate
4. Post - Graduation with Psychology (Mark sheet of two years) /Degree Certificate
5. Category Certificate (if any)
6. Residential Certificate
7. Original Character Certificate from the Head of Institution last attended.
8. Copy of Aadhar Card
9. Migration Certificate
10. Three Passport size photos.(Sky blue/ White Background)
11. Affidavit in lieu of Anti-ragging from court (by Parent & by Trainee).
12. Affidavit in lieu of gap year from court.

**Note: - Candidate are required to bring following original certificates along with two sets of Xerox copies of above mentioned documents and admission fees at the time of admission in PGDRP course academic session 2025-26.**